

2019 ARNOLD AMATEUR ENTRY FORM

Arnold Amateur NPC Bodybuilding, Fitness, Figure, Bikini & Physique Championships

Bob Lorimer
1215 Worthington Woods Blvd.
Worthington, OH 43085

614.635.6134
bob@arnoldexpo.com
arnoldamateur.com

NPC National Qualifier
Section 11167



**THE ARNOLD AMATEUR IS OPEN TO ALL COMPETITORS FROM AROUND THE WORLD.
NO QUALIFICATIONS NEEDED FOR ANY ATHLETES.**

Please print all information (no script)

First Name: _____ Country: _____
Last Name: _____ City: _____
Email: _____ State: _____
Phone: _____

Men's Bodybuilding

- ___ Bantamweight: Up to 143 ¼ pounds
- ___ Lightweight: Over 143 ¼ pounds up to 154 ¼ pounds
- ___ Welterweight: Over 154 ¼ pounds up to 165 ¼ pounds
- ___ Middleweight: Over 165 ¼ pounds up to 176 ¼ pounds
- ___ Light-Heavyweight: Over 176 ¼ pounds up to 198 ¼ pounds
- ___ Heavyweight: Over 198 ¼ pounds up to 225 ¼ pounds
- ___ Super Heavyweight: Over 225 ¼ pounds

Men's Classic Physique

- ___ A: Up to and including 5-7
 - ___ B: Over 5-7 and up to and including 5-11
 - ___ C: Over 5-11
- Note: Please see www.ArnoldAmateur.com for weight restrictions

Men's Physique

- ___ A: Up to and including 5-7
- ___ B: Over 5-7 and up to and including 5-8
- ___ C: Over 5-8 and up to and including 5-9
- ___ D: Over 5-9 and up to and including 5-11
- ___ E: Over 5-11 and up to and including 6-0
- ___ F: Over 6-0

Women's Physique

- ___ A: Up to and including 5-6
- ___ B: Over 5-6

Women's Fitness

- ___ All: Will Seed into Separate Classes at Show

Women's Figure

- ___ A: Up to and including 5-1
- ___ B: Over 5-1 and up to and including 5-2 ½
- ___ C: Over 5-2 ½ and up to and including 5-4
- ___ D: Over 5-4 and up to and including 5-5 ½
- ___ E: Over 5-5 ½ and up to and including 5-7
- ___ F: Over 5-7

Women's Masters Figure (35+)

- ___ A: Up to and including 5-4
- ___ B: Over 5-4 and up to and including 5-6
- ___ C: Over 5-6

Women's Bikini

- ___ A: Up to and including 5-1
- ___ B: Over 5-1 and up to and including 5-2
- ___ C: Over 5-2 and up to and including 5-3
- ___ D: Over 5-3 and up to and including 5-4
- ___ E: Over 5-4 and up to and including 5-5
- ___ F: Over 5-5 and up to and including 5-6
- ___ G: Over 5-6 and up to and including 5-7
- ___ H: Over 5-7

Women's Masters Bikini (35+)

- ___ All: Will Seed into Separate Classes at Show

ARNOLD AMATEUR ENTRY FEE IS \$200US.

Crossovers are an additional \$100US per division. Entry Fee increases to \$300US on Feb. 1, 2019.

Payment Type: ___ Cashier's Check
___ Money Order
___ PayPal* (Send entry fee to arnoldamateur@gmail.com via www.paypal.com)
*email application to bob@arnoldexpo.com

Make all payments payable to **ARNOLD AMATEUR** and send to: ARNOLD AMATEUR
c/o Bob Lorimer
1215 Worthington Woods Blvd.
Worthington, OH 43085

Electronic Application Submission

Competitors may submit their application via e-mail to bob@arnoldexpo.com AND pay online via www.paypal.com by sending \$200 entry fee (plus any additional crossover fees) in U.S. dollars to arnoldamateur@gmail.com

In consideration of your acceptance of this entry and fee, I waive and release all rights and claims for damages against the National Physique Committee, Robert Lorimer, Michael J. Davies, and their associates, officials, agents, and employees, or assign by reason of injury or damages which may occur while traveling to or from or participating in this contest. I have read and understand all information on this page. I further agree to abide by the decisions of the National Physique Committee, respective judges, Robert Lorimer, and Michael J. Davies. I declare that all information contained herein is, to the best of my knowledge, true, correct and complete.

Signature: _____ Date: _____

THE ARNOLD AMATEUR WILL FOLLOW ALL RULES ESTABLISHED BY THE NATIONAL PHYSIQUE COMMITTEE
2019 NPC CARDS CAN BE PURCHASED AT SHOW OR ONLINE AT NPCNewsonline.com (U.S. Athletes Only)
ARNOLD AMATEUR PROMOTERS RESERVE RIGHT TO RECLASSIFY DIVISIONS AT CHECK-IN