

# 2019 ARNOLD AMATEUR ENTRY FORM

## Arnold Amateur NPC Bodybuilding, Fitness, Figure, Bikini & Physique Championships

Bob Lorimer  
1215 Worthington Woods Blvd.  
Worthington, OH 43085

740-602-2135  
bob@arnoldexpo.com  
arnoldamateur.com

NPC National Qualifier  
Section 11167



**THE ARNOLD AMATEUR IS OPEN TO ALL COMPETITORS FROM AROUND THE WORLD.  
NO QUALIFICATIONS NEEDED FOR ANY ATHLETES.**

Please print all information (no script)

First Name: \_\_\_\_\_ Country: \_\_\_\_\_  
Last Name: \_\_\_\_\_ City: \_\_\_\_\_  
Email: \_\_\_\_\_ State: \_\_\_\_\_  
Phone: \_\_\_\_\_

### Men's Bodybuilding

- \_\_\_ Bantamweight: Up to 143 ¼ pounds
- \_\_\_ Lightweight: Over 143 ¼ pounds up to 154 ¼ pounds
- \_\_\_ Welterweight: Over 154 ¼ pounds up to 165 ¼ pounds
- \_\_\_ Middleweight: Over 165 ¼ pounds up to 176 ¼ pounds
- \_\_\_ Light-Heavyweight: Over 176 ¼ pounds up to 198 ¼ pounds
- \_\_\_ Heavyweight: Over 198 ¼ pounds up to 225 ¼ pounds
- \_\_\_ Super Heavyweight: Over 225 ¼ pounds

### Men's Classic Physique

- \_\_\_ A: Up to and including 5-7
  - \_\_\_ B: Over 5-7 and up to and including 5-11
  - \_\_\_ C: Over 5-11
- Note: Please see [www.ArnoldAmateur.com](http://www.ArnoldAmateur.com) for weight restrictions

### Men's Physique

- \_\_\_ A: Up to and including 5-7
- \_\_\_ B: Over 5-7 and up to and including 5-8
- \_\_\_ C: Over 5-8 and up to and including 5-9
- \_\_\_ D: Over 5-9 and up to and including 5-11
- \_\_\_ E: Over 5-11 and up to and including 6-0
- \_\_\_ F: Over 6-0

### Women's Physique

- \_\_\_ A: Up to and including 5-6
- \_\_\_ B: Over 5-6

### Women's Fitness

- \_\_\_ All: Will Seed into Separate Classes at Show

### Women's Figure

- \_\_\_ A: Up to and including 5-1
- \_\_\_ B: Over 5-1 and up to and including 5-2 ½
- \_\_\_ C: Over 5-2 ½ and up to and including 5-4
- \_\_\_ D: Over 5-4 and up to and including 5-5 ½
- \_\_\_ E: Over 5-5 ½ and up to and including 5-7
- \_\_\_ F: Over 5-7

### Women's Masters Figure (35+)

- \_\_\_ A: Up to and including 5-4
- \_\_\_ B: Over 5-4 and up to and including 5-6
- \_\_\_ C: Over 5-6

### Women's Bikini

- \_\_\_ A: Up to and including 5-1
- \_\_\_ B: Over 5-1 and up to and including 5-2
- \_\_\_ C: Over 5-2 and up to and including 5-3
- \_\_\_ D: Over 5-3 and up to and including 5-4
- \_\_\_ E: Over 5-4 and up to and including 5-5
- \_\_\_ F: Over 5-5 and up to and including 5-6
- \_\_\_ G: Over 5-6 and up to and including 5-7
- \_\_\_ H: Over 5-7

### Women's Masters Bikini (35+)

- \_\_\_ All: Will Seed into Separate Classes at Show

### ARNOLD AMATEUR ENTRY FEE IS \$200US.

Crossovers are an additional \$100US per division. Entry Fee increases to \$300US on Feb. 1, 2019.

Payment Type: \_\_\_ Cashier's Check  
\_\_\_ Money Order  
\_\_\_ PayPal\* (Send entry fee to [arnoldamateur@gmail.com](mailto:arnoldamateur@gmail.com) via [www.paypal.com](http://www.paypal.com))  
\*email application to [bob@arnoldexpo.com](mailto:bob@arnoldexpo.com)

Make all payments payable to **ARNOLD AMATEUR** and send to: ARNOLD AMATEUR  
c/o Bob Lorimer  
1215 Worthington Woods Blvd.  
Worthington, OH 43085

### Electronic Application Submission

Competitors may submit their application via e-mail to [bob@arnoldexpo.com](mailto:bob@arnoldexpo.com) AND pay online via [www.paypal.com](http://www.paypal.com) by sending \$200 entry fee (plus any additional crossover fees) in U.S. dollars to [arnoldamateur@gmail.com](mailto:arnoldamateur@gmail.com)

In consideration of your acceptance of this entry and fee, I waive and release all rights and claims for damages against the National Physique Committee, Robert Lorimer, Michael J. Davies, and their associates, officials, agents, and employees, or assign by reason of injury or damages which may occur while traveling to or from or participating in this contest. I have read and understand all information on this page. I further agree to abide by the decisions of the National Physique Committee, respective judges, Robert Lorimer, and Michael J. Davies. I declare that all information contained herein is, to the best of my knowledge, true, correct and complete.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**THE ARNOLD AMATEUR WILL FOLLOW ALL RULES ESTABLISHED BY THE NATIONAL PHYSIQUE COMMITTEE**  
**2019 NPC CARDS CAN BE PURCHASED AT SHOW OR ONLINE AT [NPCNewsonline.com](http://NPCNewsonline.com) (U.S. Athletes Only)**  
**ARNOLD AMATEUR PROMOTERS RESERVE RIGHT TO RECLASSIFY DIVISIONS AT CHECK-IN**