

2018 ARNOLD AMATEUR ENTRY FORM

Arnold Amateur NPC Bodybuilding, Fitness, Figure, Bikini & Physique Championships

Bob Lorimer
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Worthington, OH 43085

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arnoldamateur.com



THE ARNOLD AMATEUR IS OPEN TO ALL COMPETITORS FROM AROUND THE WORLD. NO QUALIFICATIONS NEEDED.

Please print all information (no script)

First Name: _____ Address: _____
Last Name: _____ City: _____
Email: _____ State: _____
Phone: _____ Zip Code: _____

Men's Bodybuilding

- Bantamweight: Up to 143 ¼ pounds
- Lightweight: Over 143 ¼ pounds up to 154 ¼ pounds
- Welterweight: Over 154 1/4 pounds up to 165 1/4 pounds
- Middleweight: Over 165 1/4 pounds up to 176 1/4 pounds
- Light-Heavyweight: Over 176 ¼ pounds up to 198 ¼ pounds
- Heavyweight: Over 198 ¼ pounds up to 225 ¼ pounds
- Super Heavyweight: Over 225 ¼ pounds

Men's Classic Physique

- A: Up to and including 5-7
- B: Over 5-7 and up to and including 5-11
- C: Over 5-11

Note: Please see www.ArnoldAmateur.com for weight restrictions

Men's Physique

- A: Up to and including 5-7
- B: Over 5-7 and up to and including 5-8
- C: Over 5-8 and up to and including 5-9
- D: Over 5-9 and up to and including 5-11
- E: Over 5-11 and up to and including 6-0
- F: Over 6-0

Women's Physique

- A: Up to and including 5-6
- B: Over 5-6

Women's Fitness

- All: Will Seed into Separate Classes at Show

Women's Figure

- A: Up to and including 5-1
- B: Over 5-1 and up to and including 5-2 ½
- C: Over 5-2 ½ and up to and including 5-4
- D: Over 5-4 and up to and including 5-5 ½
- E: Over 5-5 ½ and up to and including 5-7
- F: Over 5-7

Women's Masters Figure (35+)

- A: Up to and including 5-4
- B: Over 5-4 and up to and including 5-6
- C: Over 5-6

Women's Bikini

- A: Up to and including 5-1
- B: Over 5-1 and up to and including 5-2
- C: Over 5-2 and up to and including 5-3
- D: Over 5-3 and up to and including 5-4
- E: Over 5-4 and up to and including 5-5
- F: Over 5-5 and up to and including 5-6
- G: Over 5-6 and up to and including 5-7
- H: Over 5-7

Women's Masters Bikini (35+)

- All: Will Seed into Separate Classes at Show

Country _____

NPC Card No.: _____

Payment Type: Cashier's Check **ENTRY INTO THE ARNOLD AMATEUR IS \$200.** An additional \$100 will be charged for
 Money Order Crossovers in Figure and Bikini.

Make all payments payable to ARNOLD AMATEUR and send to: ARNOLD AMATEUR
c/o Bob Lorimer
1215 Worthington Woods Blvd.
Worthington, OH 43085

In consideration of your acceptance of this entry and fee, I waive and release all rights and claims for damages against the National Physique Committee, Robert Lorimer, Michael J. Davies, and their associates, officials, agents, and employees, or assign by reason of injury or damages which may occur while traveling to or from or participating in this contest. I have read and understand all information on this page. I further agree to abide by the decisions of the National Physique Committee, respective judges, Robert Lorimer, and Michael J. Davies. I declare that all information contained herein is, to the best of my knowledge, true, correct and complete.

Signature: _____ Date: _____

THE ARNOLD AMATEUR WILL FOLLOW ALL RULES ESTABLISHED BY THE NATIONAL PHYSIQUE COMMITTEE
2018 NPC CARDS CAN BE PURCHASED AT SHOW OR ONLINE AT NPCNewsonline.com (U.S. Athletes Only)
ARNOLD AMATEUR PROMOTERS RESERVE RIGHT TO RECLASSIFY DIVISIONS AT CHECK-IN